

## Nancy Buck '74, M.A. '80

### Peaceful Parenting



NORA LEWIS

When you ask your seven-year-old to come in for supper, the child might run inside because he's hungry, or decide instead to play longer with his friends outside.

With the goal of teaching parents and other caretakers of children the skills necessary to navigate the push-pull relationship between themselves and their children, developmental psychologist Nancy S. Buck established Peaceful Parenting, Inc., in 2000. Using her 25 years of experience as a trainer and educator with

the William Glasser Institute—as well as her personal experience as the mother of identical twins—Buck uses a clear and concise teaching style to help students move from theoretical to real-life situations.

"Peaceful Parenting® follows the idea that human beings are internally motivated – they do what they do because of what is going on inside of them," says Buck, whose programs are built on her book *Peaceful Parenting* and its companion workbook.

When the parent learns the internal instructions the child is born with, he or she can then help the child make effective choices, be accountable for those choices, and establish loving bonds between parent and child that will help the child grow to healthy adulthood. Unlike other parenting programs, Peaceful Parenting® does not rely on external rewards and punishments.

An internationally recognized lecturer and trainer, Buck has presented training workshops and study modules to professional counselors, therapists, educators, and parent groups across the United States, Australia, and Canada.

She was recently instrumental in helping a so-called "under-performing" school in New Bedford, Mass., lift itself out of that problem situation.

Dr. Buck is a senior faculty member at the William Glasser Institute in California and an adjunct professor at Salve Regina University in the Master's program in Holistic Counseling. She has also taught at Bridgewater State College, Providence College, the University of Rhode Island, Rhode Island College, and the Feinstein School of Education and Human Development.

Information on Peaceful Parenting, Inc., including workshops, seminars, products, and the newsletter, is available at [www.peacefulparenting.com](http://www.peacefulparenting.com).

—Portia Little